



NORTHERN TERRITORY MENTAL HEALTH PROFESSIONALS CONFERENCE

OCTOBER 13, 2023
9.00AM - 5.00PM
RYDGES PALMERSTON

CONFERENCE
FRIDAY

EVENT PROGRAM AND SPEAKER INFORMATION

8.30 AM	Registration opens
9.00 AM	Welcome speech and introductions
9.20 AM	Trauma Sensitive Yoga – Brooke Smith, Inner Door Yoga Therapy
9.45 AM	Compassionate Focused Therapy – Tiegan Holtham, The Flourish Collective
10.30 AM	Morning Tea
10.50 AM	Honouring Indigenous Knowledges – Erin Reilly, Akaperte Consulting
	BRAIN BREAK – THE FLOURISH COLLECTIVE
11.45 AM	Suicidal presentations in the NT – Matt Hull
12.15 PM	Lunch
1.00 PM	Neurodiversity Affirming Practice – Victoria Gottliebsen, REI Psychological Services
	BRAIN BREAK – THE FLOURISH COLLECTIVE
1.50 PM	Supporting clients with experience of Domestic Violence – Mikaela Sloan, headspace
	BRAIN BREAK – THE FLOURISH COLLECTIVE
2.45 PM	Afternoon Tea
3.00 PM	Mental Health and Emergency Services – Paul Milne, Lived Experience Advocate
	BRAIN BREAK – THE FLOURISH COLLECTIVE
4.00 PM	Feedback and Networking
4.15 PM	Please stay for networking
6.00 PM	Event closes

